

30-Day Challenge: Bronze

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	TOTAL TALLY FOR 30 DAYS				

Place “challenge” numbers (1 through 7) in the boxes above to represent the challenges you completed each day.

Add up a tally per day in the bottom right corner of each box, making sure that **AT LEAST FIVE** challenges are completed each day. If a **minimum** of FIVE challenges are not achieved each day, you will be required to start the 30-day challenge over from Day 1! At the end of your 30 days, tally up all of your daily totals for a total 30-day score.

GOOD LUCK!